

## In Your 40s with Money in a 401(k)? Don't Let This Bear Market Derail Your Financial Plan



If you're in your 40s, you've been growing your wealth in the last decade since the 2008 recession. Now, you might have questions about how this current bear market will affect your 401(k). Associate Wealth Advisor [Josh Monroe](#) [1] shares the reassuring answers he gives to his clients.

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